# **Curriculum Vitae**

# Dr. JASVIR KAUR CHAHAL

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## **Academic Qualifications**

M.A. (English & Yoga), B.Ed., M.Ed., M.Phil. (Edu. With distinction), Ph. D. (Education).

#### **Areas of Specialization**

Education, Philosophy, Educational Philosophy, Yoga Philosophy, Vedanta, Educational Technology.

### Current Teaching Assignments (Recently Completed as all semesters have concluded)

- Visiting Faculty at UFV (India Centre), Chandigarh since Winter Semester 2018 in the discipline of Philosophy for Bachelor of Arts students in Liberal Arts.
- Visiting Faculty at LM Thapar School of Management, Derabassi, Punjab since 2017 (Writing to Communicate) to all management school students of second semester; formerly taught Science of Learning to Management Students having Quality Higher Education Management as specialization)
- Visiting Faculty at Chandigarh College of Engineering and Technology, Sector 26, Chandigarh since 2017 (Teaching Ethics and Self Development to students pursuing B.Tech. in different branches of Engineering)

### **Gist of Total Teaching Experience**

- About three decades of teaching to the Undergraduate and post graduate students from teacher education college and Yoga teacher education college in the subjects of Philosophical Foundations of Education and Yoga. (The curricula included philosophy, its foundations, attributes, scope and schools, major popular oriental and western philosophers and their thoughts, Vedanta and shad darshan and yoga philosophy in details, applied philosophy especially with regards to the field/s of education).
- Future teacher/s mentoring.
- Undertaking allied administrative tasks as member, coordinator, co coordinator and incharge of differential college and university level committees.
- Creative tasks in the field of curriculum planning and execution, assisting the pupil participation in co- curricular and social activities.
- Report writings and policy framing, implementation and revision.
- About four years of Elementary and Secondary School Teaching including that in a residential public school.

### **DETAILS OF TOTAL TEACHING EXPERIENCE**

Name & Address of	Date of Joining/ Leaving	Designation	Nature of Job	Basic Pay P M &	Reason for leaving
College/Institution				grade	
Govt. College of	27.08.1988 TO	Vice	Teaching &	60600+9000	Superannuation
Education, Sector	30.11.2016	Principal	Academic		at the age of 60
20 D, Chandigarh			Administration		years.
Govt. College of	On deputation as Assoc	iate Professor	in Education fror	n 30.06.2010 t	o 25.07.2015 (as
Yoga Education &	per the orders of Chandi	garh Administra	ation).		
Health, Sector 23					
A, Chandigarh		T -			
Dev Samaj	Aug. 1986/May 1988	Lecturer	Teaching	As per UGC	Selection in
College of		(Part Time)		Norms	Govt. Job
Education, Sector					
36, Chandigarh –					
160036	05.40.4005/04.05.4000	Lastinan	Ta a alaina	700 4000	lab anainat
Dev Samaj	05.10.1985/31.05.1986	Lecturer	Teaching	700-1600	Job against
College of		(Against			leave vacancy
Education, Sector 36, Chandigarh –		leave			
160036		vacancy)			
Sri Dasmesh	24.08.1982/07.11/1984	Lecturer in	Teaching	700-1700	Personal
Academy,	27.00.1302/01.11/1304	English	Teaching	700-1700	i cisoliai
Anandpur Sahib,		Liigiisii			
Punjab – 140120					

#### (A) DISTINCT ADMINISTRATIVE-CUM-ACADEMIC CAPACITIES

- 1. Contributed significantly in the farming of **Punjab Curricular Framework 2013(PCF 2013)** on the special request of the Education Department, Government of Punjab.
- 2. Actively contributed towards Panjab University administration in the capacity of an **Elected Fellow** to the **University Senate** from the term 2008 2012.
- 3. Remained Vice Chancellor's Nominee/ Coordinator/ Co-coordinator/ Member/ Special Invitee for numerous Selection/ Inspection/ Special Committees.
- 4. Served as the elected Member of Syndicate of Panjab University for one year w.e.f. January 1, 2011.
- 5. Served as Academic Head of the Faculty of Education, Panjab University in the capacity of elected **Dean** for one year February 1, 2010. During this tenure prepared with the team of experts Pre-Ph.D. course in Education, Two Certificate courses in Yoga Education, M.Ed. (Yoga Education), M. Phil. (Yoga Education) syllabi.
- **6.** Remained a **Special Invitee at National Knowledge Commission**, **2009** during the policy discussion on School Education at New Delhi.
- 7. Remained a Member of Board of Studies (Education), Faculty of Education, Panjab University from the year 1999 onwards for more than Seven Terms.
- 8. Convened the meetings of the **Faculty of Education**, **Panjab University** in the capacity of **Secretary** from February 1, 2000 to January 31, 2001.
- 9. Actively contributed towards the smooth conduct of Joint B.Ed./M.Ed. Admissions/Counselling of the Panjab University/ State of Punjab and Union Territory of Chandigarh in the capacities of Member/Special Member/Advisory Panel Member/Chief Announcer/Co-cordinator since the inception of the practice of Joint Admissions to these courses.
- 10. Vice Principal, Govt. College of Education, Sector 20 D, Chandigarh.
- 11. Academic Incharge, govt. College of Yoga Education and Health, Sector 23, Chandigarh

**12.** Head Examiner, examiner, paper setter for bachelor's and master's level examinations in Education for the Universities of the zone.

# (B) OTHER ACADEMIC ATTAINMENTS

#### a. INNOVATIONS IN TEACHING

- 1. Developed a new teaching model named "Yoga Assisted Awareness Training Model" Experiment conducted for 21 days in Navodaya Vidayala, Chandigarh in collaboration with two other experimenters. (2008)
- 2. Developed new lesson plan pattern for the "Teaching of Yoga"

  For the students of B.Ed. (Yoga) in Government College of Yoga Education, Sector 23 A, Chandigarh.
  (2010)
- 3. Adapted a Student Teaching Evaluation Proforma

For student teaching evaluation and presented the same at international conference and used during teaching practice. (2006)

- **4.** Convener/member of the committees which introduced new curricula. Faculty of Education, Panjab University, Chandigarh. (1990 onwards)
- 5. Convened the meeting of the committee for framing the syllabus of Pre-Ph.D. programme. Faculty of Education, Panjab University, Chandigarh. (2010)
- 6. Convened the meetings of the committee for framing the syllabi for M.Ed. (Yoga Education), M. Phil. (Yoga Education), Basic and certificate courses in Yoga Education. Faculty of Education, Panjab University, Chandigarh. (2010-11)

#### b. ARTICLES IN NEWSPAPERS

- 1. 'Travails of B. Ed. Admissions'in Education Tribune on 8th September, 1997.
- 2. 'Education Policy: Diverting Emerging Trends in India'in Education Tribune on November, 1998.

#### c. RESEARCH

- 1. Guided successfully more than a dozen dissertations for M.Ed. with thrust concentrating around the contemporary issues of Education.
- 2. Approved guide for Ph. D. research by Panjab University in the field of Education.

#### (C) OTHER ADMINISTRATIVE DUTIES

- 1. Coordinated the first ever NCTE inspection of Government College of Education for the Degrees of B.Ed., B.Ed. Yoga and M.Ed. and maintained NCTE correspondence for the college since 1995 (till the time of deputation) and doing the same for the present college also.
- 2. Incharge and coordinator NAAC for the Government College of Education wherein convened the first ever inspection of the college by this National Body and the college was awarded grade A in that.
- 3. Incharge and coordinator NAAC for the Government College of Yoga Education & Health wherein the letter of intent for first ever NAAC inspection of the college has been filed.
- **4.** Coordinated five college inspections of Government College of Yoga Education & Health (conducted by the Panjab University).
- 5. Established Placement Cell of the Government College of Education and have been instrumental in running the cell on mega scale; organized first ever placement drive of the college wherein 78 out of the 300 students got short listed for teaching assignment offers in the City and established the one at Government College of Yoga Education and Health too where professional yoga therapy training of the Post Graduate students has been streamlined through the establishment of liaison with the institutions of the stature of national level which include Moraraji Desai National Institute of Yoga, New Delhi.
- **6.** The college web site of Government College of Education, Chandigarh had been launched under my leadership as Incharge Web site Committee and presently too the web site of the current college has been solely guided by me for preparation and has been successfully launched in collaboration with NIC
- 7. Selected by UGC for training women managers in leadership assignments.
- 8. Chosen to be amongst the City's Creative College Teachers by a local news paper in March 2001.
- **9.** Actively assist in the running of college academic affairs being academic incharge of B.Ed. Yoga and Post Graduate Diploma in Yoga Therapy.
- 10. Introduced ICT assisted Teaching in Yoga in the present college and actively assisted in the planning of installation of ICT gadgets like Interactive board, 3D visualizer and customized display screen in

- the classrooms/yoga halls of present college as an initial step to turn the college into a smart college.
- **11.** Developed and introduced a new lesson plan for the Teaching of Yoga in schools for B.Ed. yoga student teachers from the session 2010–11.
- **12.** Looking after the administrative work of Government College of Yoga Education & Health in the absence of the Principal (whenever directed to do so through verbal or written orders).

# (D) NON - TEACHING TASKS

- 1. Convener college level Poetry recitation Competitions since 1993 (till the time of deputation) and therein the students did get some positions in University as well as inter college level competitions. Two of my students during this duration have been awarded Shiv Kumar Batalvi Gold Medal at Panjab University Convocations for composing best Punjabi poem from among all the entries made by colleges affiliated with Panjab University and it is a rare honour.
- 2. Remained Incharge of folk dance (Girls) from 1988 to 1998 with a break of one year in between and during the duration the teams won quite a few university positions.
- 3. Press- Reporter for the college since 1991 wherein successfully reported college news to the local press as well wrote and prepared College Annual Report (till the time of deputation). I also wrote welcome addresses and other key notes under this duty.
- 4. Programme Officer for the college NSS unit in 1996-97 session.
- **5.** Incharge College Co curricular activities for the session 2008-09 and Contingent Incharge for P.U. zonal youth Festival held at GMTCE, Ludhiana.

# PROFESSIONAL TRAININGS UNDERGONE

C	TROTE		riod		<u> </u>
Sr. No.	Ormanization		То	Duration	Deteile of Training
NO.	0 : ga::::=a::0::	From	10	(in days)	Details of Training
	Women Study Centre, University of				
1	Kashmir (Sponsored by University Grants				Capacity Building of Women
		01/05/2012	05/05/2012	05	Managers in Higher Education
	Asian Association of Applied	01/03/2012	03/03/2012	03	Developing Human Strengths: New
2	Psychology	18/11/2010	18/11/2010	01	Horizons (International)
	i sychology	10/11/2010	10/11/2010	01	Workshop on Research
3	Education Department, Chandigarh				Methodology, Statistics and Use of
		02/08/2010	08/08/2010	07	SPSS
	National Mission on Education	02,00,20.0	00,00,20.0	<u> </u>	Workshop on E-Content
4	through ICT, MHRD, Government of				Development and Question
	India	19/05/2010	19/05/2010	01	Generation
_	Education Department, Chandigarh				Workshop on E-Content
5	Administration, Chandigarh	17/05/2010	18/05/2010	02	Development
6	Education Department, Chandigarh				Workshop on E-Content
O	Administration, Chandigarh	10/03/2010	12/03/2010	03	Development
	Gender Sensitization Cell of				
7	Chandigarh Administration,				
,	Government College of Education				Coordinator of Workshop on
		28/01/2009	29/01/2009	02	Resume Writing and Interview Skills
8	Chandigarh Administration,	00/07/0007	07/07/0007	0.5	Valuing the Girl Child – Gender
		23/07/2007	27/07/2007	05	Sensitization Workshop
9	ICSSR, North Western Regional Centre, Panjab University,				Training Course in Research
9	Chandigarh.	14/03/2002	17/02/2002	04	Methodology in Social Sciences
	Academic Staff College, Panjab	14/03/2002	17/03/2002	04	Methodology in Social Sciences
10		20/07/2001	09/08/2001	21	Refresher Course in Education
	Academic Staff College, Jamia Millia	20/01/2001	03/00/2001	21	Refresher Oddise III Eddeation
11		02/08/1999	23/08/1999	21	Refresher Course in Education
	Punjab State Council for Science &				
40	Technology & Centre for				
12	Environment Education North				
		22/10/1997	23/10/1997	02	Green Teacher Training Workshop
13	Department of Education, Panjab				Seminar-cum-orientation course in
13		28/02/1997	01/03/1997	02	Research Methodology
14	Academic Staff College, Panjab				
14		30/06/1993	27/07/1993	21	Orientation Course
15	Academic Staff College, Panjab				
10	University, Chandigarh	17/03/1993	06/04/1993	21	Refresher Course in Education
16	Morarji Desai National Institute of				Mass Awareness Programme on
	Yoga, New Delhi	18/02/2013	24/02/2013	07	Yoga for Adolescents

	1. PAPER IN INTERNATIONAL JOURNALS / ARTICLES			
Sr. No.	Name of the Articles/Paper	Publisher/Journal/Agency	Communication	
1	'Ahimsa – The Grand Indian Dharma'	EDUCON 2013 2 <sup>nd</sup> World Conference of GERA (Souvenir) published by TN Centre of Education, Kathmandu, Nepal	2-3/09/2013	
2	Founder of the Panth – An Unprecidented Manager of the Social Administration (Panth Da Bani – Samajik Vyavastha Da Ik Bemisal Prabandk)	on Spirituality and Management	27 Nov, 2015	
3	TQM in Education India – A Lost Horizon to the Maze of Time	International Multidisciplinary E- Journal	ISSN: 2277-4262 ( Issue Vol 4, Dec, 2015)	
	2. PAPER IN INDIAN	JOURNALS / ARTICLES		
1	Effect of Awareness Training Model on Academic Achievement	Samaj College of Education, Sector 36-B, Chandigarh	ISSN 0975-8720 (2010)	
2	Effect of Awareness Training Model on Interpersonal Skills	The CTE National Journal, Punjabhai Patel College of Education, Gondia, India 441 601.		
3	Teacher Education in India Today- A Wailing Cry	Scholars' Quest: Journal of Educational Research, Kshatriya College of Education, Indora, Kangra	ISSN 2395-0633 (2015)	
	3. PAPERS IN CONFERENCE		ETC.	
		PAPER PRESENTATION)		
1	'Evaluation of Classroom Teaching: Integration of Skills' Innovative Practicum in teacher Education	Dev Samaj College of Education, Sector 36 B, Chandigarh	14-16/11/2006	
2	'Guru Nanak's Spiritual Psychology' International Seminar on Spiritual Psychology	Department of Educational & Psychology, Faculty of Education, University of Malaya, Kuala Lumpur, Malaysia	24-25/08/2007	
3	'Affect of Yoga Assisted Training Model on Academic Achievement' Teaching and Learning: Challenges and Strategies	School of Education, Jaipur National University, Jaipur	08-10/04/2011	
4	'Post Independence India & Morality and Education: A Factual Profile' Creating a conscientious, Humane and Elevated Environment – a Challenge to Education	Doaba College of Education, Vill. Ghataur, Distt. Mohali	02/11/2011	
5	'Ahimsa – The Grand Indian Dharma' EDUCON 2013 2 <sup>nd</sup> World Conference of GERA	TN Centre of Education, Kathmandu, Nepal	02-03/09/2013	
6.	Paper Accepted for presentation and publishing	Ryat Bahra University, Mohali	24-25/11/2017	

	<b>'Pradyuman Died or Pradyuman Killed?'</b> A Mirror of Society – 6 <sup>th</sup> world Conference of GERA		
	<b>INTERNATIONAL (SESSIONS CHAIRED/ PAI</b>	NELIST/WORKSHOPS/RESOUR	CE PERSON)
1	Women and Development: Issues and Initiatives		26/03/2010
2	Enhancing Human Potential: Bio – Psychological Perspectives	Panjab University, Chandigarh	16/11/2010
3	Creating a conscientious, Humane and Elevated Environment – a Challenge to Education		02/11/2011
4	Spirituality and Management	13th International Conference on Spirituality and Management at Sri Guru Teg Bahadur Khalsa College, Sri Anandpur Sahib & PCMA	27/11/2015
5	Blending Education and Olympism	International Conference on Olympism For Humanity And Sustainable India, Ancient Olympia, Tokyo 2020 & Beyond (Bridges Between Education, Culture, Sports and Society) at dev Samaj College of Education, Chandigarh	16/02/2018
6	Indian Ethics and Values on Crossroads	International Conference on 'Ethics and Human Values:The Global Challenge' at School of Education, Jaipur National University, Jaipur.	19/04/2019
		ER PRESENTATION)	
1	'The Core of the Concept of Education' Nature of Education as a Discipline(UGC – SAP)	Department of Education, Panjab University, Chandigarh	19-20/12/1995
2	,	GHG Harprakash College of Education for women, Sidhwan Khurd, Ludhiana	16-17/01/1998
3	'Caring for Accountability in Educational Management' Educational Management – Critical Concerns (UGC – SAP)	Department of Education, Panjab University, Chandigarh	20-21/03/1998
4	'Accreditation of Teachers – Rate them all' Up-Dating Teacher Education	GHG Harprakash College of Education for women, Sidhwan Khurd, Ludhiana	28-29/09/1998
5	'Modernization of Instructional Process: Problems and Perspectives' Educational Technology and Instructional Processes (Problems and Perspectives)	Department of Education, Panjab University, Chandigarh	08-09/02/1999
6	'Role of Private Enterprises in Education: Private Education Company Ltd.' Financing of Higher Education (UGC	GHG Harprakash College of Education for women, Sidhwan Khurd, Ludhiana	11-12/04/2000

	Sponsored)		
7	'Human Rights and Duties in Education' (UGC Sponsored)	DAV College of Education, Abohar	21-22/03/2001
8	'Competence – True Indicators of Employability in the Existing System?' Enhancing Youth Employability	Centre for Adult, Continuing Education and Extension, Panjab University, Chandigarh	20-21/02/2007
9	Issues and Concerns of Globalization Education in the Globalized World	Punjab College of Education, Vill. Sarkapra, Chunni Kalan, Fatehgarh Sahib	09/03/2008
10	Values Crisis in Family Structure and Life Values, Self and Society	Chandigarh College of Education, Landran, Mohali	25/03/2009
11	'21 <sup>st</sup> Century: An Aggressive Aggression towards Renaissance of Indian Traditions of Janana (Gyana)' Excellence in Knowledge to meet the Challenges of the 21 <sup>st</sup> Century (UGC Sponsored)	Govt. College of Education, Sector 20 D, Chandigarh	03-04/03/2011
12	'Inclusive Education: Creating the Balance in the Society' Enabling the Differently Abled – A Framework for Change	Education, Vill. Golpura, Barwala, Distt. Panchkula	
13	'Perceptions are the Key to Perseverance: Set them right' Institutional Planning and Qualitative Development in Higher Education (UGC Sponsored)	for Girls, Sector 42,	28/03/2011
14	Prerogative or a Duty' Human Rights (UGC Sponsored)	Govt. College of Education, Sector 20 D, Chandigarh	
15	'Teacher Education Curricula – An Alien Adaption – A Far Cry in Wildness Towards Quality Culture' Quality Culture in Education (NAAC Sponsored)		08-09/03/2013
16	<b>Bridging the Gap- RTE</b> Awakening Youth: Swami Vivekananda's Vision and Challenges in Education in 21 <sup>st</sup> Century	,	
17	Analysis between West and India Exploring Quality Assurance in Higher Education: Where we are now and where do we go from here?	Doaba College of Education, Ghataur, Mohali	
18	Regulations 2014	Education, DAV (PG) College of Education & Nalanda College of Education, Dehradun, UK	03-04/10/2015
19	'Teacher Education in Changed Scenerio: An Intruiging Mystery in Aspiring India' Quality in Higher Education 2016	Shri R.P. Ananda College of Education, Borsad, Gujrat	
20		Faculty of Performing and Visual Arts, Himachal Pradesh University, Summer Hill, Shimla	14-15/10/2017

	Ethics And Research- Breaking Boundaries		
	of Research in Higher Education 2017		
	9		
	NATIONAL (RESC	DURCE PERSON)	
1	Work Place Violence and Building: Search for Synergy		28/03/2007
2	Role of Teachers in Promoting Communal Harmony and National Integration		29/11/2010
3	Role of Teachers in Promoting Communal Harmony and National Integration	Punjabi University, Patiala	30/11/2010
4		BCM College of Education, Ludhiana	29/01/2011
5	Improvement of Quality in Practice Teaching	Shree Ram Mulkh College of Education, Ferozepur-Dandlawar, Raipur Rani, Panchkula	
6	Inclusive Education: A Step towards Social Justice	Education, Mandi Gobindgarh	11/03/2011
7	Continuous Comprehensive Evaluation	A.S. College of Education, Khanna	
8	Right to Education- Expectations and Results	Navodaya Leadership Institute, JNV Campus, Sector 25, Chandigarh	17/05/2011
9	Today's Education- Tomorrow's Nation	Sewa Devi SD College of Education, Tarn Taran	21/05/2011
10	Spiritual Intelligence: its Relevance in Education in Present Scenario	Dev Samaj College of Education, Sector 36 B, Chandigarh	08/02/2012
11	Models of Teaching & Awareness Training Model	Refresher Course, Academic Staff College, Guru Nanak Dev University, Amritsar	05/07/2012
12	Preparing the Teachers: Challenges and Competencies in North Western Region	Dev Samaj College of Education, Sector 36 B, Chandigarh	23/01/2013
13	Revitalizing Teacher Education for Nation Building	A.S. College of Education, Khanna	28/03/2013
14	Yoga Assisted Awareness Training Model	Refresher Course, Academic Staff College, Punjabi University, Patiala	2013
15	Redesigning classroom environment: Road to Reform	Indo Global College of Education, Vill. Abhipur, Distt. Mohali	21/03/2014
16		'Teaching matters the most: Creating an Environment that Facilitates Learning', an ICSSR sponsored two day National Seminar at Shivalik Institue of Education & Research, Mohali	26/03/2019
	NATIONAL	ATTENDED)	
1	NATIONAL( Developing Linkages between Rehabilitation		18-20/02/2002
ı	Developing Linkages between henabilitation	Department of Education,	10-20/02/2002

Praxis of Policy to Effective Practice: Quality Asurance in Teacher Education Sector 36 B, Chandigarh  Higher Education in India: Where are we Heading?  Regional Consultation on CEDAW Women's Resource and Advocacy Centre and NAWO-North Philosophy Teachers' Meet Department of Philosophy Practices and Teacher Effectiveness' Towards Better Teacher Education in Punjab University, Chandigarh  Teaching Competencies and Teacher Effectiveness' Towards Better Teacher Education in Punjab & Chandigarh  Changing Inter Personal Relationship in Govt. College, S.A.S. Nagar Mind(Sponsored by ICSSR, NWRC)  Trivate Scretaries/Personal Milkfed/Milk Plants on Stress Management of Superintendents/Senior Assistants of Milkfed/Milk Plants on work stress management  Workshop on HRD for the employees of Markfed on Stress Management  Makeria Managers/Engineers/Personen of Markfed on Stress Management  Makeria Managers of Housefed on Stress Management and Productivity for Punjab Institute of Cooperative, 16/07/1999  Sector 7 C, Chandigarh  Drivate of Cooperative, 14/05/1999  Sector 7 C, Chandigarh  Workshop on HRD for the employees of Markfed on Stress Management  Short term on HRD for the employees of Markfed on Stress Management  Material Managers of Housefed on Stress Management and Productivity for Punjab Institute of Cooperative, 16/07/1999  Sector 7 C, Chandigarh  Punjab Institute of Cooperative, 16/07/1999  Sector 7 C, Chandigarh  Punjab Institute of Cooperative, 16/07/1999  Sector 7 C, Chandigarh  Punjab Institute of Cooperative, 16/07/1999  Sector 7 C, Chandigarh  Punjab Institute of Cooperative, 16/07/1999  Sector 7 C, Chandigarh  Punjab Institute of Cooperative, 16/07/1999  Sector 7 C, Chandigarh  Punjab Institute of Cooperative, 16/07/1999  Sector 7 C, Chandigarh  Punjab Institute of Cooperative, 16/07/1999  Sector 7 C, Chandigarh  Punjab Institute of Cooperative, 16/07/1999  Sector 7 C, Chandigarh  Punjab Institute of Cooperative, 16/07/1999  Sector 7 C, Chandigarh  Punjab Institute of Cooperative, 16/07/1999  Sector 7 C, Ch		Council of India and Institutions for Rehabilitation of Disabled in North-Western India	Panjab University, Chandigarh	
Heading?   Doraha, Ludhiana   28-29/09/2012	2	Assurance in Teacher Education	Education, Sector 36 B, Chandigarh	
Advocacy Centre and NAWO-North  Aphilosophy Teachers' Meet  (C) STATE/REGIONAL(PAPER PRESENTATION)  1 'Teaching Competencies and Teacher Effectiveness' Towards Better Teacher Education in Punjab & Chandigarh  2 Chandigarh  2 Changing Inter Personal Relationship in Society, Their Impact on Adolescent Mind(Sponsored by ICSSR, NWRC)  STATE/REGIONAL(RESOURCE PERSON)  1 Orientation programme on Effectiveness of Private Secretaries/Personal Assistants/Stenographers of Milkfed/Milk Plants on Stress Management Other Engineers/Works Managers/Store and Purchase Officers of Sugarfed/Sugar Mills/Spinted/Spinning Mills on Burnout – Causes and Prevention  3 Workshop on Waste Managers/Store and Prevention Assistants of Milkfed/Milk Plants on on Burnout – Causes and Prevention  4 Short term on HRD for the employees of Markfed on Stress Management  5 Short Term Course on Management of Housing cooperative for District Managers/General Managers of Housefed on Stress Management  5 Short Term Course on Management of Housing cooperative for District Managers/General Managers of Housefed on Stress Management  6 Material Management and Productivity for Works Managers/Engineers/Foremen of Milkfed/Sugarfed  8 Stress Management  6 Material Management and Productivity for Works Managers/Engineers/Foremen of Milkfed/Sugarfed  9 Interpersonal Skills and Body Language  10 Handling Problematic children especially adolescents at Strengthening Guidance and Counseling Services in Schools and College  11 Relevance of Teachings of Guru Ravi Dass in Institute of Couperative, Nandigarh Counseling Services in Schools and College  11 Relevance of Teachings of Guru Ravi Dass in Institute of Couperative, Punjab Institute of Cooperative, Octoniquation, Octoniqual Counseling, Octoniqu	3			21/01/2012
(C) STATE/REGIONAL (PAPER PRESENTATION)  1 'Teaching Competencies and Teacher Effectiveness' Towards Better Teacher Education in Punjab & Chandigarh & Chandigarh   Parising Inter Personal Relationship in Society; Their Impact on Adolescent Mohali   Society; Their Impact on Adolescent Mohali   Govt. College, S.A.S. Nagar   O8/02/2008   STATE/REGIONAL (RESOURCE PERSON)   Orientation programme on Effectiveness of Punjab Institute of Cooperative, Private Secretaries/Personal Assistants/Stenographers of Milkfed/Milk Plants on Stress Management for the Chief Engineers/Works Managers/Store and Purchase Officers of Sugarfed/Sugar Mills/Spinifed/Spinning Mills on Burnout Causes and Prevention   Superintendents/Senior Sector 7 C, Chandigarh   O7/05/1999   O7/	5	Regional Consultation on CEDAW	Advocacy Centre and NAWO-	28-29/09/2012
Teaching Competencies and Teacher Effectiveness' Towards Better Teacher Education in Punjab & Chandigarh  Changing Inter Personal Relationship in Society; Their Impact on Adolescent Mind(Sponsored by ICSSR, NWRC)  Torientation programme on Effectiveness of Private Secretariess/Personal Assistants/Stenographers of Milkfed/Milk Plants on Stress Management  Workshop on Waste Managers/Store and Punchase Officers of Sugarfed/Sugar Mills/Spinfed/Spinning Mills on Burnout – Causes and Prevention  Workshop on HRD middle level officers consisting of Superintendents/Senior Assistants of Milkfed/Milk Plants on work stress management  Short Term Course on Management of Punjab Institute of Cooperative, Sector 7 C, Chandigarh  Short Term Course on Management of Punjab Institute of Cooperative, Sector 7 C, Chandigarh  Short Term Course on Management of Punjab Institute of Cooperative, Sector 7 C, Chandigarh  Short Term Course on Management of Punjab Institute of Cooperative, Sector 7 C, Chandigarh  Short Term Course on Management of Punjab Institute of Cooperative, Sector 7 C, Chandigarh  Markfed on Stress Management  Markfed on Stress Managers of Housefed on Stress Management  Managers/Gnereal Managers of Housefed on Stress Management  Mukat Public School, Rajpura O6/07/2004  Shivalik Public School, Sector Adult, Continuing adolescents at Strengthening Guidance and Courseling Services in Schools and College  Helvacition and Extension, Panjab University, Chandigarh Punjab College of Education, 30/01/2010  Will. Sarkapra, Chunni Kalan, Vill. Sarkapra, C	4	, ,	Panjab University, Chandigarh	21-22/03/2013
Effectiveness' Towards Better Teacher Education in Punjab & Chandigarh  2 Changing Inter Personal Relationship in Society; Their Impact on Adolescent Mind(Sponsored by ICSSR, NWRC)  STATE/REGIONAL(RESOURCE PERSON)  1 Orientation programme on Effectiveness of Private Secretaries/Personal Assistants/Stenographers of Milkfed/Milk Plants on Stress Management  2 Workshop on Waste Management for the Chief Engineers/Works Managers/Store and Purchase Officers of Sugarfed/Sugar Mills/Spinfed/Spinning Mills on Burnout – Causes and Prevention  3 Workshop on HRD middle level officers consisting of Superintendents/Senior Assistants of Milkfed/Milk Plants on work stress management  4 Short term on HRD for the employees of Markfed on Stress Management  5 Short Term Course on Management of Punjab Institute of Cooperative, Managers/Gnereal Managers of Housefed on Stress Management  6 Material Management and Productivity for Works Managers/Engineers/Foremen of Milkfed/Sugarfed  7 Professional Ethics and Values  8 Stress Management  9 Interpersonal Skills and Body Language  10 Handling Problematic children especially adolescents at Strengthening Guidance and Courseling Services in Schools and College Relevance of Teachings of Guru Ravi Dass in Education and Adolescents Mohali  Govt. College, S.A.S. Nagar Mohali  Mohali  Mohali  Govt. College, S.A.S. Nagar Mohali  Mohali  Mohali  Govt. College, S.A.S. Nagar Mohali  Mohali  Bollowicality  Sector 7 C, Chandigarh  Punjab Institute of Cooperative, Sector 7 C, Chandigarh  Punjab Institute of Cooperative, Sector 7 C, Chandigarh				20/24/222
2 Changing Inter Personal Relationship in Society: Their Impact on Adolescent Mind(Sponsored by ICSSR, NWRC)  STATE/REGIONAL(RESOURCE PERSON)  1 Orientation programme on Effectiveness of Punjab Institute of Cooperative, Private Secretaries/Personal Assistants/Stenographers of Milkfed/Milk Plants on Stress Management  2 Workshop on Waste Management for the Chief Engineers/Works Managers/Store and Purchase Officers of Sugarfed/Sugar Mills/Spinfed/Spinning Mills on Burnout Causes and Prevention  3 Workshop on HRD middle level officer consisting of Superintendents/Senior Assistants of Milkfed/Milk Plants on work stress management  4 Short Term On HRD for the employees of Markfed on Stress Managers of Housefed on Stress Managers of Housefed on Stress Management of Housing cooperative for District Managers/Gnereal Managers of Housefed on Stress Management and Productivity for Works Managers/Engineers/Foremen of Milkfed/Sugarfed  7 Professional Ethics and Values  8 Stress Management  10 Handling Problematic children especially adolescents at Strengthening Guidance and Counseling Services in Schools and College  11 Relevance of Teachings of Guru Ravi Dass in Education in Malager, Chunni Kalan, Values V	1	Effectiveness' Towards Better Teacher Education in Punjab	Education, Sector 36 B,	
1 Orientation programme on Effectiveness of Private Secretaries/Personal Assistants/Stenographers of Milkfed/Milk Plants on Stress Management 2 Workshop on Waste Management for the Chief Engineers/Works Managers/Store and Purchase Officers of Sugarfed/Sugar Mills/Spinfed/Spinning Mills on Burnout – Causes and Prevention 3 Workshop on HRD middle level officers consisting of Superintendents/Senior Assistants of Milkfed/Milk Plants on work stress management 4 Short term on HRD for the employees of Markfed on Stress Management 5 Short Term Course on Management of Housing cooperative for District Managers/Gnereal Managers of Housefed on Stress Management 6 Material Management and Productivity for Works Managers/Engineers/Foremen of Milkfed/Sugarfed 7 Professional Ethics and Values Mukat Public School, Rajpura 06/07/2004 8 Stress Management 10 Handling Problematic children especially adolescents at Strengthening Guidance and Counseling Services in Schools and College Housing College of Education, Vill. Sarkapra, Chunni Kalan, Vill. Sarkapra, Chun	2	Changing Inter Personal Relationship in Society; Their Impact on Adolescent Mind(Sponsored by ICSSR, NWRC)	Mohali	08/02/2008
Private Secretaries/Personal Assistants/Stenographers of Milkfed/Milk Plants on Stress Management  Workshop on Waste Managers/Store and Purchase Officers of Sugarfed/Sugar Mills/Spinfed/Spinning Mills on Burnout—Causes and Prevention  Workshop on HRD middle level officers consisting of Superintendents/Senior Assistants of Milkfed/Milk Plants on work stress management  Short term on HRD for the employees of Markfed on Stress Management of Housing cooperative for District Managers/Gnereal Managers of Housefed on Stress Management  Material Management and Productivity for Works Managers/Engineers/Foremen of Milkfed/Sugarfed  Punjab Institute of Cooperative, Sector 7 C, Chandigarh  Punjab Institute of Cooperative, Sector 7 C, Cha				
2 Workshop on Waste Management for the Chief Engineers/Works Managers/Store and Purchase Officers of Sugarfed/Sugar Mills/Spinfed/Spinning Mills on Burnout – Causes and Prevention  3 Workshop on HRD middle level officers consisting of Superintendents/Senior Assistants of Milkfed/Milk Plants on work stress management  4 Short term on HRD for the employees of Markfed on Stress Management  5 Short Term Course on Management of Housing cooperative for District Managers/Gnereal Managers of Housefed on Stress Management  6 Material Management and Productivity for Works Managers/Engineers/Foremen of Milkfed/Sugarfed  7 Professional Ethics and Values Mukat Public School, Rajpura Mukat Public School, Rajpura O6/07/2004  8 Stress Management Mukat Public School, Rajpura O6/07/2004  9 Interpersonal Skills and Body Language Shivalik Public School, Sector Danieling Services in Schools and College Gudante August Dass in Education Vill. Sarkapra, Chunni Kalan, Vill. Sarkapra, Chunni Kalan, Vill. Sarkapra, Chunni Kalan,	1	Private Secretaries/Personal Assistants/Stenographers of Milkfed/Milk		30/04/1999
Workshop on HRD middle level officers consisting of Superintendents/Senior Assistants of Milkfed/Milk Plants on work stress management   Sector 7 C, Chandigarh	2	Workshop on Waste Management for the Chief Engineers/Works Managers/Store and Purchase Officers of Sugarfed/Sugar Mills/Spinfed/Spinning Mills on Burnout –		07/05/1999
Markfed on Stress ManagementSector 7 C, Chandigarh5 Short Term Course on Management of Housing cooperative for District Managers/Gnereal Managers of Housefed on Stress ManagementPunjab Institute of Cooperative, Sector 7 C, Chandigarh08/07/19996 Material Management and Productivity for Works Managers/Engineers/Foremen of Milkfed/SugarfedPunjab Institute of Cooperative, Sector 7 C, Chandigarh16/07/19997 Professional Ethics and ValuesMukat Public School, Rajpura05/07/20048 Stress ManagementMukat Public School, Rajpura06/07/20049 Interpersonal Skills and Body LanguageShivalik Public School, Sector 41 D, ChandigarhO2-03/06/200610 Handling Problematic children especially adolescents at Strengthening Guidance and Counseling Services in Schools and CollegeCentre for Adult, Continuing Education and Extension, Panjab University, Chandigarh25/02/200911 Relevance of Teachings of Guru Ravi Dass in EducationPunjab College of Education, Vill. Sarkapra, Chunni Kalan,30/01/2010	3	consisting of Superintendents/Senior Assistants of Milkfed/Milk Plants on work		14/05/1999
Housing cooperative for District Managers/Gnereal Managers of Housefed on Stress Management  6 Material Management and Productivity for Works Managers/Engineers/Foremen of Milkfed/Sugarfed  7 Professional Ethics and Values Mukat Public School, Rajpura 05/07/2004  8 Stress Management Mukat Public School, Rajpura 06/07/2004  9 Interpersonal Skills and Body Language Shivalik Public School, Sector 41 D, Chandigarh  10 Handling Problematic children especially adolescents at Strengthening Guidance and Counseling Services in Schools and College Panjab University, Chandigarh  11 Relevance of Teachings of Guru Ravi Dass in Education Stress Managers of Housefed on Stress Management Punjab College of Education, Vill. Sarkapra, Chunni Kalan,	4			10/06/1999
Works Managers/Engineers/Foremen of Milkfed/Sugarfed  7 Professional Ethics and Values Mukat Public School, Rajpura 05/07/2004  8 Stress Management Mukat Public School, Rajpura 06/07/2004  9 Interpersonal Skills and Body Language Shivalik Public School, Sector 41 D, Chandigarh  10 Handling Problematic children especially adolescents at Strengthening Guidance and Counseling Services in Schools and College Education and Extension, Panjab University, Chandigarh  11 Relevance of Teachings of Guru Ravi Dass in Education Vill. Sarkapra, Chunni Kalan,	5	Housing cooperative for District Managers/Gnereal Managers of Housefed on Stress Management	Sector 7 C, Chandigarh	08/07/1999
7 Professional Ethics and Values Mukat Public School, Rajpura 05/07/2004 8 Stress Management Mukat Public School, Rajpura 06/07/2004 9 Interpersonal Skills and Body Language Shivalik Public School, Sector 41 D, Chandigarh 10 Handling Problematic children especially adolescents at Strengthening Guidance and Counseling Services in Schools and College Panjab University, Chandigarh 11 Relevance of Teachings of Guru Ravi Dass in Education Vill. Sarkapra, Chunni Kalan,	6	Works Managers/Engineers/Foremen of		16/07/1999
9 Interpersonal Skills and Body Language Shivalik Public School, Sector 41 D, Chandigarh  10 Handling Problematic children especially adolescents at Strengthening Guidance and Counseling Services in Schools and College 11 Relevance of Teachings of Guru Ravi Dass in Education Shivalik Public School, Sector 41 D, Chandigarh Centre for Adult, Continuing Education and Extension, Panjab University, Chandigarh Punjab College of Education, Vill. Sarkapra, Chunni Kalan,	7		Mukat Public School, Rajpura	05/07/2004
41 D, Chandigarh  10 Handling Problematic children especially adolescents at Strengthening Guidance and Counseling Services in Schools and College Panjab University, Chandigarh  11 Relevance of Teachings of Guru Ravi Dass in Education  125/02/2009  Education Punjab University, Chandigarh  Punjab College of Education, Vill. Sarkapra, Chunni Kalan,	8			
<ul> <li>adolescents at Strengthening Guidance and Counseling Services in Schools and College</li> <li>11 Relevance of Teachings of Guru Ravi Dass in Education</li> <li>Education</li> <li>Education and Extension, Panjab University, Chandigarh</li> <li>Punjab College of Education, Vill. Sarkapra, Chunni Kalan,</li> </ul>	9	Interpersonal Skills and Body Language	41 D, Chandigarh	02-03/06/2006
Education Vill. Sarkapra, Chunni Kalan,	10	adolescents at Strengthening Guidance and Counseling Services in Schools and College	Education and Extension, Panjab University, Chandigarh	
	11		Punjab College of Education, Vill. Sarkapra, Chunni Kalan,	30/01/2010

12	Relevance of Teachings of Mahatma Gandhi in Education	Punjab College of Education, Vill. Sarkapra, Chunni Kalan, Fatehgarh Sahib	30/01/2010
13	Teacher Education: Enlightenment & Enrichment	DAV College of Education, Abohar	15/04/2010
14	Revamping the Education System: Some Suggestions for Politicians, Bureaucrats, Parents and Teachers	Rajiv Gandhi Study Circle (Punjab) & BCM College of Education, Ludhiana	19/12/2010
15	Life Skills – Doorway to a better life	Rayat and Bahra College of Education, Sahauran, Mohali	02/2012
16	Relevant Values for Today's Teachers	Institute of Educational Technology and Vocational Education, Panjab University, Chandigarh	16/02/2012
17	Excellence in Higher Education – Concerns and New Opportunities	Divya Shiksha Gurukul College of Education for Women, Vill. Gholumajra, Distt. Mohali	09/03/2012
18	Right to Education	National Association for the Blind, Punjab State Branch and National Institute for Visually Handicapped, Dehradun	
19	Youth Awakening – Value Education	Centre for Swami Vivekananda Studies, Panjab University, Chandigarh	30/01/2013
20	Grooming, Resume Writing and Interview Skills	Govt. College of Education, Sector 20 D, Chandigarh	
21	Radio Production Workshops (Valedictory session)	Centre for Swami Vivekananda Studies, Panjab University, Chandigarh	19/03/2013
22	Value Education	Sri Guru Harkrishan Senior Secondary Public School, Sector 40-C, Chandigarh	30/05/2013
23	On Initiatory School Experiences	BCM College of Education, Ludhiana	
24	Awareness Training Model	BCM College of Education, Ludhiuanan.	
25	Workshop on Yoga Assisted Awareness Training Model	Ludhiuanan. Ludhiu	
26	Grooming, Resume Writing and Interview Skills	Sector 20 D, Chandigarh	
27	Indian Philosophy	Jalalabad, Fazilka	01/03/2014
28	Stress Management (Faculty Management Programme)  STATE/REGION	Multani Mal Modi College, Patiala <b>AL(ATTENDED)</b>	11/07/2014
1	Syllabus Revision for B.Ed. course	GHG Harprakash College of Education for women, Sidhwan Khurd, Ludhiana	29/03/1994
2	Communication Perspective on Learner Based Methodology in Teaching of English (Under UGC Scheme)	Govt. College of Education, Sector 20 D, Chandigarh	19/03/1999
3	Question Bank in the Subject of Teaching of Social Studies (UGC Sponsored)	Govt. College of Education, Sector 20 D, Chandigarh	20/03/1999

	Question Bank in the Subject of Teaching of Science (UGC Sponsored)	Govt. College of Education, Sector 20 D, Chandigarh	21/03/2002
5	Question Bank in the Subject of Teaching of Mathematics (UGC Sponsored)	Govt. College of Education, Sector 20 D, Chandigarh	22/03/2002
	Teacher Education – Future Perspectives	Rayat and Bahra College of Education, Sahauran	23/04/2007
7	Women and Laws (Convener)		08/08/2008
8	E-Learning: Prospects for Teacher Educators	Department of Education, Panjab University, Chandigarh	19/11/2008
	Overhauling Indian Education System: Growing Expectations	Shivalik Institute of Education & Research, Mohali	08/12/2009
	'Assessing Scholastic & Co-scholastic areas' Continous and Comprehensive Evaluation – A Quest for Better Evaluation	A.S. College of Education, Khanna	05/03/2011
11	Steps of Lesson Planning (Under RUSA)	Govt. College of Education, Sector 20 D, Chandigarh	08/12/2015
	,	HAPTER IN EACH BOOK)	
	Horizons of Spiritual Psychology	,	ISBN-81-8220-278-
	'Guru Nanak's Spiritualism'	House, Darya Ganj, New Delhi	7 (2008)
2	Dimensions of Education (shared with one more author) 'Awareness Training Model for Enhancing Interpersonal Skills in Academic Settings'	Gyan Publishing House, Darya Ganj, New Delhi	ISBN-978-81-212- 1031-7 (2010)
3	Resurgence of Education – An Effort towards Quality Culture in Education 'Teacher Education Curricula- An Alien Adaptation- A far Cry in the Wilderness towards Quality Culture'	Nirvaan Publication, Ludhiana	ISBN-978-81- 923919-6-0 (2013)
4	Human Rights Series II 'Women Safety in an Unsafe World – Human Rights sans Human Duties: A Home san the Roof'	Publications, #79, Sheikhpura,	ISBN-978-93- 85446-79-5 (2015)
	Research Journa	als (Joint Editor)	
1	Trends in Education	, , ,	Vol. XXII No. 2, October 1991
2	Trends in Education	Extension Services Department, Govt. College of Education, Sector 20 D,	Vol. XXIII No. 1, April 1992
	Trends in Education	Chandigarh Extension Services	Vol. XXIV No. 2,
3		Department, Govt. College of Education, Sector 20 D, Chandigarh	0000001 1332

		Chandigarh		
	Member Review Panel for Research Journal			
4	Rayat Bahra Journal of Education	Rayat and Bahra College of	ISSN:2278-7232	
•		Education, Sahauran, Mohali	(2015)	